



"Although it's difficult today to see beyond the sorrow,
May looking back in memory help comfort you tomorrow."

**On behalf of Dr Zarrouk and staff, we would like to offer our sincere condolences
for your recent loss.**

**We have included below some telephone numbers that may help you with your grief
if you feel you need some support:**

- Silverwellbeing @ 1Point – 01204 917745
- Greater Manchester Bereavement service – 0161 983 0902
- Bereavement helpline, managed by NHS – 0800 2600 400
- Single Point of Access, Mental Health Services – 01204 483101
- Samaritans – 01204 521200
- Cruse Bereavement Service – Manchester@Cruse.org.uk or phone 07377710382
and leave a message
- Your own GP Surgery may be able to offer a Mental Health Practitioner
appointment

Regards,

Dr A Zarrouk and staff

***Bradford Street Surgery
Bolton
BL2 1HT***